

European Association for Sports and Integration of Mentally Ill People

E.A.S.I.

Rules of Procedure

Preamble:

Sports and an active way of living together with social contacts and the development of a social sphere of activity are manifestations of a sound and satisfying life. Mentally ill people are often excluded from these aspects of life because of the restrictions of their illness.

Our aim and guiding principle is to enhance social participation, apart from medical and professional rehabilitation, through sport and other leisure activities.

It is the joint concern of all persons involved to improve the circumstances of life for mentally ill people by means of sports and an active way of living.

Purpose of the working group:

The working group intends to form an association of European rehabilitation projects for mentally ill people using sports and leisure-time activities as the underlying method. The following objectives are pursued:

- The unrestricted access to sports and leisure facilities shall be embodied as a fundamental human right of mentally ill people, and relevant activities shall be offered and promoted.
- The role of sports and social encounter as a therapeutical and preventive measure shall be supported, the appropriate evaluation studies shall be conducted, and an awareness of the value of this approach shall be established.
- Sports and leisure-time activities shall be increasingly incorporated into the process of rehabilitation and integration of mentally ill people as another main pillar beside a good home and professional rehabilitation.

These objectives shall be achieved by way of the following measures:

- Promotion of international exchange
- Coordination of common events and establishment of a contact service
- Establishment of an international organ for sports projects
- Providing client contacts and exchange beyond frontiers
- Continuous exchange of information on the activities of associated projects and countries.

Membership:

Membership is possible for all European projects that offer sports and leisure-time activities for mentally ill people on a regular basis and that actively support the objectives of E.A.S.I .

The respective projects, self-help groups, institutions or teams appoint a contact person for the working group.

End of membership:

Membership ends:

- upon termination of active cooperation
- upon termination of the relevant sports project

Bodies of E.A.S.I.:

The bodies of E.A.S.I. are the forum and the managing committee.

The forum elects the managing committee every three years.

The managing committee consists of five members from at least three different nations.

The managing committee appoints a secretary from among its members.